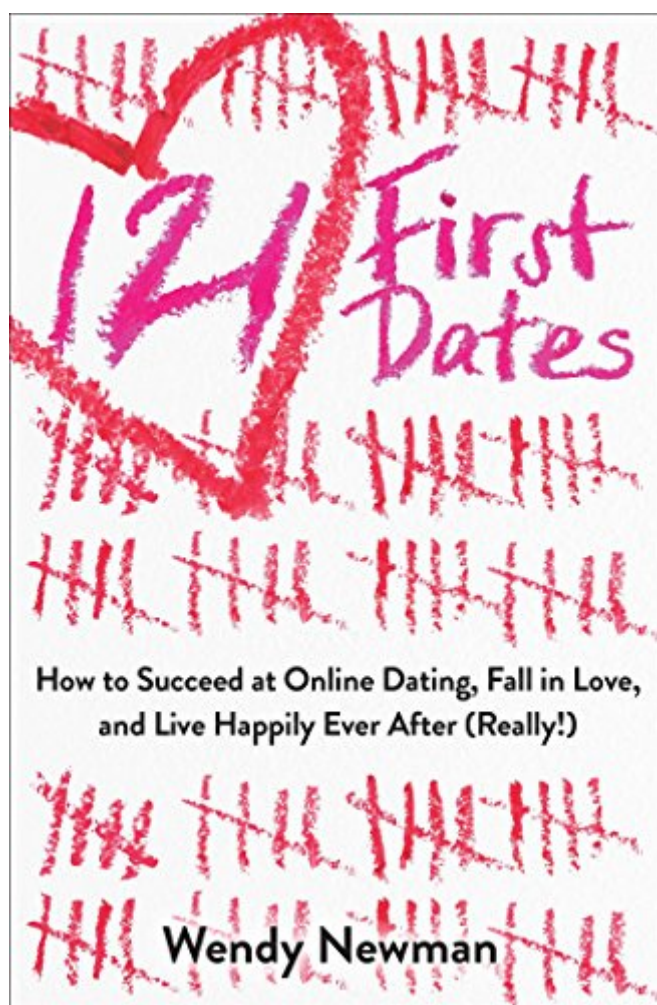


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# 121 First Dates: How To Succeed At Online Dating, Fall In Love, And Live Happily Ever After (Really!)



## Synopsis

Based on years of research and 121 real-life first dates, relationship expert Wendy Newman dishes up practical wisdom for navigating the online dating trenches with grace, efficiency, and a strong dose of humor. Wendy Newman has made every imaginable dating mistake so you don't have to. Part guidebook, part personal tell-all, *121 First Dates* chronicles Wendy's funny, real-life misadventures and the practical wisdom she gained from them. Her dating tales will find you laughing, commiserating, and nodding your head as you learn how to stay in the dating game until you find the right man, just like Wendy did. This book busts myths, answers age-old questions, and examines pitfalls that make you want to give up on dating altogether. Just when you're about to submit to a lifetime at home with a pint of Haagen-Dazs and sitcom reruns, *121 First Dates* will inspire you to keep stepping out. Wendy discusses how to date successfully and efficiently, avoid the most common dating pitfalls, have an amazing first date with anyone, end uncomfortable situations with grace, and much, much more. She offers up realistic Dos and Don'ts as well as tips for making the most of any situation you find yourself in—whether you want to run or you think he's the one. Brimming with humor, hope, and authenticity, *121 First Dates* will give every woman the tools, confidence, and determination to be and stay real when dating. How else will you find the best match for you?

## Book Information

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## Customer Reviews

Things you will get from this book:-The distinct feeling that you are privy to the great secret of finding "the one" (or ones, if that floats your boat! He, She, They are out there!)-Stories that put even the most depressing, dismal dating experiences in the positive light of living and learning.-HOPE! Wendy is a self-described size 16 and just as beautifully imperfect as we all are, and she found love, In fact, although the book ends with "the one", there were several loving "maybes" in the 121 strong bunch. The more we surround ourselves with a positive outlook that we are worthy of love, the more likely it will come to us.-Laughs. Oh there are laughs.-Real talk. Yes, sex, STDs, lying, dating profile no-nos. All the dirt. And you will get a male perspective on a lot of this dirt because Wendy describes her experience as a dating coach and "man expert" throughout her own dating life. I don't want to give it all away, but she knows a lot of secret thoughts that men have.You are here browsing dating books for a reason! How about a book that doesn't have any rules! (Well, except don't lie in your online profiles . . . in fact, how about don't lie about anything?) Take the author's experiences and learn. Get a little girlfriend bravery behind you.

I am one of several people who followed Wendy's blog and said "You have to write a book about this!" She combines her real life experience with online dating (and friends' setups or other meets) along with the knowledge she's learned and shared through her association with Pax about the differences between men and women's communication and styles. Wendy is hilarious but also smart and insightful, with a very readable and entertaining writing style. Anyone that is entering the dating pool, or frustrated with it will pick up some great tips along with several LOL moments along the way.

The book is aimed at women. I haven't finished it. Yes, it can be amusing, but it would have been helpful for me to know it was a guide for women only. Probably not much in here for a man to apply other than a few general things.

Excellent how-to (or how not to) book. Filled with humor, anecdotes, and stories, I must say it's one of the best online dating books I've found. Ms. Newman is extremely candid about her experiences,

and I loved that she included the "where are they now" info, and/or what happened after those first dates. Highly recommend - esp to those of us re-entering the dating world, and unused to online dating. She also gives great advice about constructing one's on-line profile.

I loved her book. Not only did I love it...I signed up for Pole Dancing Classes, which are really rigorous and fun. I also signed up for a match making service which I hadn't intended to do...but was blown away by the security they provided and the background check they do on every single member. I'll check the "dating website" now and again...but I feel very strongly that this service has a lot to offer as well.

Wendy Newman is not just another fluff how-to writer. She has actually been training on interpersonal relationships for many years with a high quality nationally recognized organization. The book is entertaining, helpful, witty, and refreshing. If you are online dating, this is a must! If you are trying to find a partner by any method it is also extremely helpful.

I love the author's frank, familiar, funny style, and the information and practical advice is so helpful.

This book was exactly what I was looking for. No strategies, platitudes or one-fits-all theories--just great woman-to-women advice from someone who's clearly got the goods to back it up. I love Wendy's influences and her mind set. She teaches hope, along with true grit. A must read for single women, out in the trenches!

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